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*VISITOR'S HANDBOOK*

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## ***BACKGROUND INFORMATION***

### **INTRODUCTION**

For more than 100 years, seamanship and sail training have been at the heart of the Royal Canadian Sea Cadet program. Teenagers from 236 Sea Cadet corps across Canada are introduced and learn to sail as members of the Sea Cadets. Through the sailing program Sea Cadets learn the self-discipline and skills required to harness the wind, tide and current. Nationally, there are over 10,000 Sea Cadets, making it the largest youth sail training program in Canada.

### **OBJECTIVE**

Sea Cadets from across Canada participate in the National Regatta at the end of the Summer Training Season. The National Regatta is an exciting opportunity for the best Sea Cadet sailors to test their skills. The challenge of the National Regatta provides not only the ability to compete, but also a rewarding sailing experience. Teams compete for the title of Top Sea Cadet Sailors in the Kingston and Halifax Classes.

### **PARTICIPANTS**

The top 50 Sea Cadet sailors from across the country compete in the National Regatta. Each team consists of a Skipper and Crew who competed in local and provincial/multi-provincial regattas to win a berth in the National Regatta. Ten (10) coaches accompany the Sea Cadets, along with over 50 support staff and volunteers who work throughout the weeklong competition.

### **PARTNERS**

The Royal Canadian Sea Cadet program enjoys the support of both military and civilian officials. The program is funded by the Department of National Defence and by The Navy League of Canada, a civilian non-profit organization who assists in fundraising events and provides volunteer support.

### **COMMUNITY SUPPORT**

The National Regatta is provided with great support from various members in communities across the country. This includes the City of Kingston, the Merchant Navy Veterans' Association, Canadian Navy Public Affairs, Mercury Marine, Mustang Survival and Team Cormorant. The Honorable Peter Milliken, MP for Kingston and the Islands and Speaker of the House of Commons has also been instrumental in providing support to not only the National Regatta, but also the Royal Canadian Sea Cadet program itself.

### **MEDIA CONTACTS**

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National Regatta Public Affairs Officer  
Regional Cadet Support Unit (CENTRAL)  
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National Deputy Director  
Navy League of Canada  
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jriley@navyleague.ca

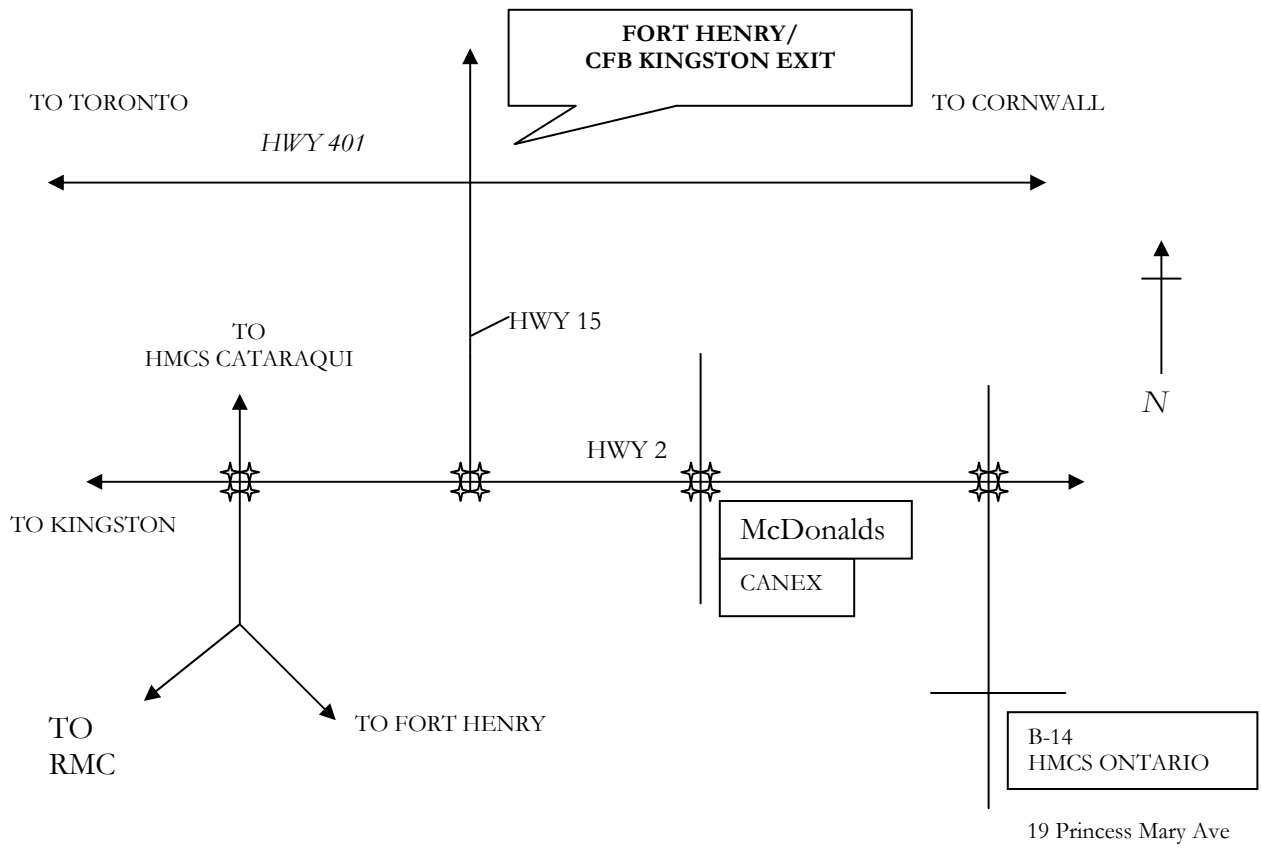
**Royal Canadian Sea Cadet National Regatta Schedule 2005**

Sat 20 Aug	Sun 21 Aug	Mon 22 Aug	Tue 23 Aug	Wed 24 Aug	Thu <u>25 Aug</u>	Fri 26 Aug	Sat 27 Aug	Sun 28 Aug	
<i>Travel, In-Routine &amp; Staff Work-Ups</i>		<i>Training Day</i>	<i>Racing</i>	<i>Racing</i>	<i>Racing</i> <i>Parents Day</i>	<i>Racing</i>	<i>Citizenship Day</i>	<i>Travel Out-Routine</i>	
Staff Officers & Staff Cadets	Cadets Arrive  In-routine	Staff Work-Ups	Breakfast - <i>Queen's University</i>					Ottawa	Escort Officers, Staff Cadets & Cadets
			Cadet Training Day	Race 1-2	Race 5-6	Race 9 - 10	Race 12		
			Lunch - <i>RMC Waterfront</i>			Parents Day BBQ - <i>RMC Waterfront</i>	Lunch - <i>RMC Waterfront</i>		
	Cadet Training Day	Race 3-4	Race 7-8	Race 11	Race 13 (if req'd)				
In-routine	Supper - <i>Queen's University</i>		BBQ - <i>Waterfront</i>	Supper - <i>Queen's University</i>			Officer Staff Out-Routine		
	Meet & Greet Opening Ceremonies <i>HMCS CATARAQUI</i>	Cadet Training Day	Presentation: Guest Speaker <u><i>Mr. Derek Hatfield</i></u>	Fort Henry Sunset Ceremony	Go-Karts & Mini Putt	Awards Banquet  QUEEN'S UNIVERSITY		Out-routine	

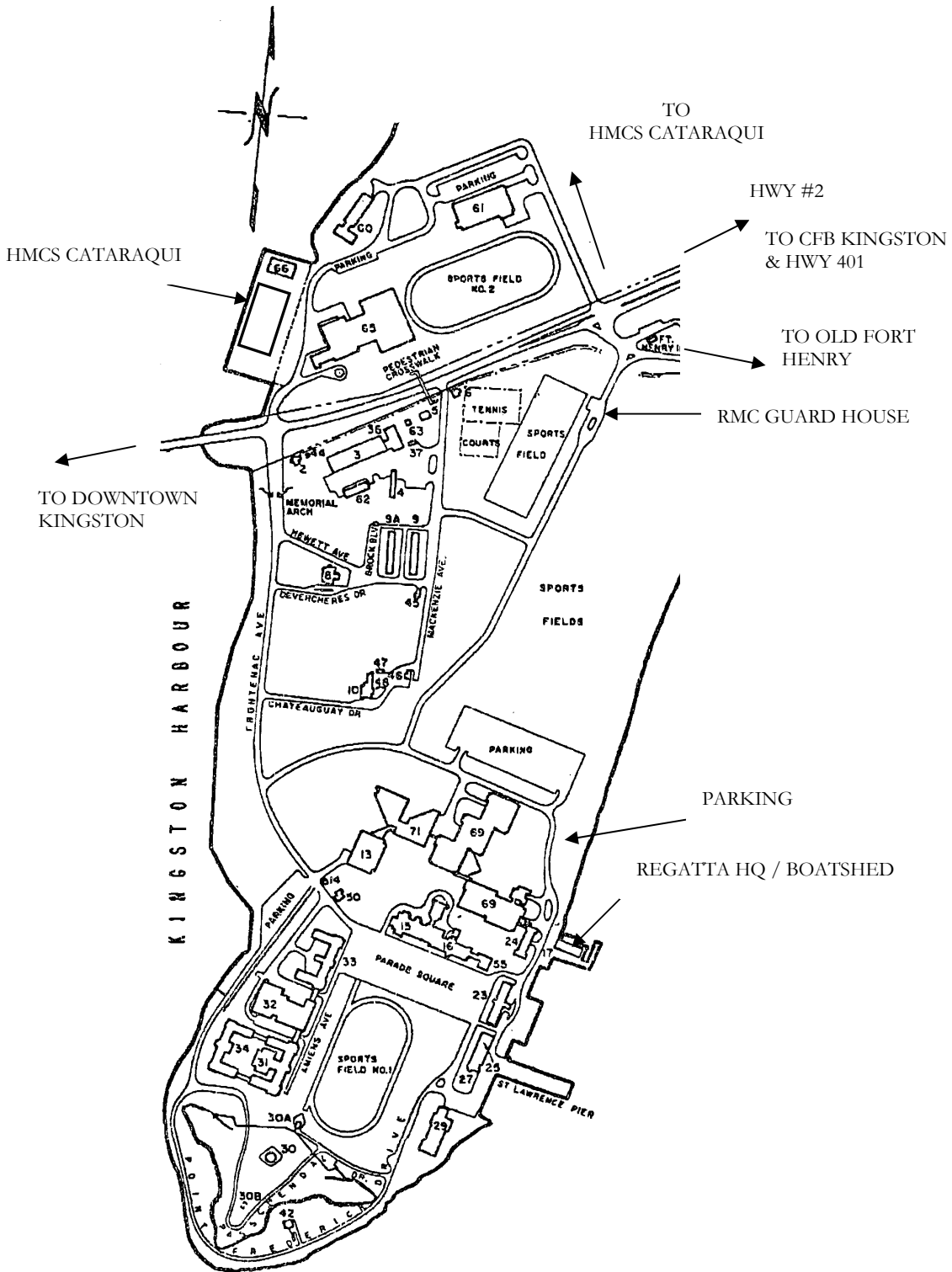
**Calendrier - Régates nationales 2005 - Cadets de la Marine royale du Canada**

Sam 20 août	Dim 21 août		Lun 22 août	Mar 23 août	Mer 24 août	Jeu <u>25 août</u>	Ven 26 août	Sam 27 août	Dim 28 août	
<b>Déplacements, formalités d'arrivée et formation du personnel</b>			<i>Journée de formation</i>	<i>Courses</i>	<i>Courses</i>	<i>Courses</i> <i>Journée des parents</i>	<i>Courses</i>	<i>Journée d'éducation civique</i>	<i>Déplacements &amp; formalités de départ</i>	
Formalités d'arrivée du personnel officier et cadets-cadres	Arrivée des cadets	Formation du personnel	Déjeuner - <i>Université QUEEN'S</i>						Ottawa	Formalités de départ
			Jour d'entraînement des cadets	Courses 1-2	Courses 5-6	Courses 9-10	Course 12			
	Formalités d'arrivée	Dîner - <i>Marina du CMR</i>			Barbecue - Journée des parents - <i>Marina du CMR</i>		Dîner - <i>Marina du CMR</i>			
	Jour d'entraînement des cadets	Courses 3-4	Courses 7-8	Course 11	Course 13 (au besoin)					
	Souper - <i>Université QUEEN'S</i>		Barbecue - <i>Marina du CMR</i>	Souper - <i>Université QUEEN'S</i>						
	Réception	Jour d'entraînement des cadets	Présentation Conférencier invité : <a href="#">M. Derek Hatfield</a>	Cérémonie du coucher du soleil  <i>FORT HENRY</i>	Go-Karts & Golf miniature	Banquet de remise des prix  <i>UNIVERSITÉ QUEEN'S</i>	Formalités de départ du personnel officier	Accompagnateurs, cadets-cadres et cadets		
Cérémonie d'ouverture  <i>NCSM CATARAQUI</i>										

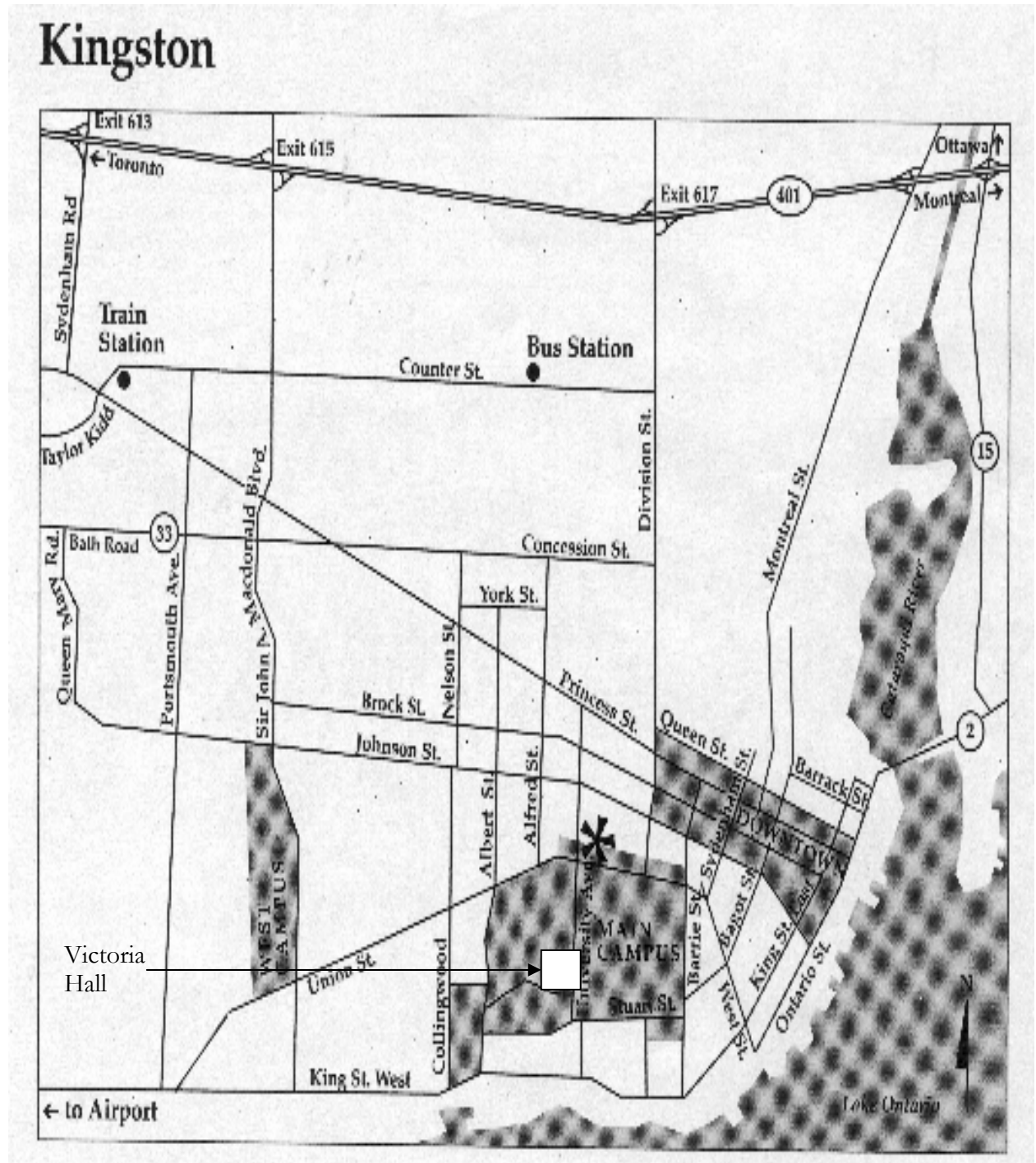
To/From RMC/CFB Kingston



Royal Military College



City of Kingston



Queen's University



***Accommodations:***

Visitors to the National Regatta are invited to stay at Victoria Hall. Please note, reservations must be made directly to Queen's University Conference Services. Reservations can be made over the phone by calling (613) 533-2223 or by email at [playterl@post.queensu.ca](mailto:playterl@post.queensu.ca). Please be sure to quote the National Sea Cadet Regatta Group.

**Directions from Kingston Airport to Victoria Hall**

Take **Front Road** east into Kingston  
**Front Road** will switch into **King Street West**.  
Turn left [NORTH] onto **Lower Albert St**  
Keep to the right at the 'Y' which changes into  
**Queens Crescent**  
Immediately on your left is **Victoria Hall**

**Directions d'aéroport de Kingston vers Victoria Hall**

Prenez rue **Front** l'est route dans Kingston  
Rue Front commutera dans rue **King Ouest**  
Tournez gauche (NORD) à rue **Lower Albert**

Immédiatement sur votre gauche est **Victoria Hall**

**Directions from Victoria Hall to RMC**

Head south onto **Lower Albert St**.  
Turn left onto **King Street West**  
Turn right onto **Ontario Street**.  
Follow **Ontario Street** over the  
**Lasalle Causeway**  
Turn right onto **Fort Henry Drive**  
Turn right onto **Precision Drive**  
[onto RMC property]  
Turn left onto **General Crerar Cr**  
The trailer on the left is the National Regatta  
Headquarters Building

**Directions de Victoria Hall vers CMR**

Procédez au sud sur **la rue Lower Albert**  
Tournez gauche sur **la rue King Ouest**  
Tournez droit sur **la rue Ontario**  
Procédez sur **la rue Ontario** plus de **Lasalle Causeway**  
Tournez droit sur **la rue Fort Henry**  
Tournez droit sur **la rue Precision**

Tournez gauche sur **la crescent General Crerar**

**Contact Information:**

*Victoria Hall Reception Desk: (613) 533-2531*

*National Regatta HQ: (613) 541-5010 ext. 3725 or 3726*

*LCdr Darin McRae: cell (613) 391-9093*