

ROYAL CANADIAN SEA CADETS 2009 NATIONAL REGATTA

August 23rd to 28th, 2009, in Kingston, Ontario

Organized by the National Office of the Navy League of Canada
and the Directorate of Cadets at National Defence Headquarters.

SAILING INSTRUCTIONS

1. Rules

1.1 This Regatta will be governed by the 2009-2012 *Racing Rules of Sailing* (RRS), the Prescriptions of the CYA, the Notice of Race and these Sailing Instructions.

1.2 In case of a discrepancy between the Notice of Race and the Sailing Instructions, the Sailing Instructions will prevail.

1.3 If there is a conflict between languages, the English text will take precedence.

2. Entries

2.1 Competitors shall be eligible to enter the regatta by completing registration with the organizing authority in accordance with the Notice of Race.

3. Notices to Competitors

3.1 Notices to competitors will be posted on the Official Notice Board located next to the Regatta Committee offices.

4. Changes in Sailing Instructions

4.1 Changes to these Sailing Instructions will be posted prior to 0830hrs on the day they are to take effect on the Official Notice Board.

5. Signals Made Ashore

5.1 Signals made ashore will be displayed on the flagstaff located by the water in front of the RMC Boatshed and will be made in accordance with RRS Race Signals.

5.2 Flag 'AP' shall indicate that "Racing has been postponed and competitors shall not leave the dock." A Warning signal will be given not less than 30 minutes after flag 'AP' has been lowered.

5.3 Flag 'B' will be displayed during the hour prior to the end of Protest Time. A sound signal will be made when raising and lowering this flag.

5.4 At 30 minutes to the end of official Protest Time, Flag B will be lowered to half mast, and a horn will be sounded.

5.5 At the end of Official Protest Time, Flag B will be fully lowered and a horn sounded.

6. Schedule

6.1 Registration. This will take place on 22 Aug 09 during in-routine.

6.2 Schedule. The Competitors' Information Briefing will be held on Sunday, 23 Aug 09 at 0900hrs near the Regatta Committee Offices. During the period of Tue 23 Aug 09 to Fri 28 Aug 09, twelve (12) races are scheduled. The first Warning signal will be at 0930hrs on each of the racing days.

6.3 No warning signal will be made after 1600hrs on each of the racing days and not after 1300hrs on Friday, 28 August 09.

7. Boats

7.1 Boats will be provided for all competitors, who shall not modify them or cause them to be modified in any way except that:

- a compass may be tied or taped to the hull or spars;
- wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
- hulls, centreboards and rudders may be cleaned, but only with water;
- all fittings or equipment designed to be adjusted may be adjusted.

7.2 All equipment provided with the boat for sailing and safety purposes shall be in the boat while afloat.

7.3 The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.

7.4 Breakdowns. The Beach Master and one Protest Committee member shall initially decide if the breakdown was the fault of the crew. If so, no breakdown points will be awarded. If the breakdown was not the fault of the crew, the Protest Committee, upon receipt of Redress Form, will convene to determine the redress.

7.5 Competitors shall report any damage or loss of equipment, however slight, to the Beach Master immediately after securing the boat ashore. The penalty for breaking this instruction, unless the Protest Committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

7.6 The allocation of boats will be made during in-routine or prior to the Competitors Information Briefing. There will be no boat rotations.

8. Racing Area

The racing area will be located south of Navy Bay.

9. The Course

9.1 The diagram in Annex 'A' to these SIs show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2 Course lengths will be set to accommodate races of approximately 60

minutes. Longer or shorter actual racing time will not be grounds for redress. This changes rule 62.1(a).

10. Marks and Boats

10.1 Marks 1, 2, and 3 will be in the shape of a large floating yellow tetrahedral.

10.2 New marks, as provided in instruction 15, will be pink buoys.

10.3 The starting and finishing marks will be a yellow floating cube with a red flag on a metal staff.

10.4 The Race Committee starting and finishing boat will display a CYA race committee flag.

10.5 Mark laying boats will display distinctive red and yellow flags.

11. Checking In

11.1 Before the Warning signal at the beginning of the day and the first race after lunch, boats shall 'check in' by sailing past the stern of the Race Committee boat, on starboard tack and hailing the sail number until acknowledged by Race Committee.

11.2 Any boat failing to 'check in' may be warned, in writing, on the Official Notice Board. A subsequent infringement may result in the boat being scored DNC.

12. Starting

12.1 Races will be started in accordance with the RRS 26 with the warning signal given five (5) minutes before the starting signal. Halifax Class flag shall be a white flag with a letter 'H'.

12.2 The Starting Line will be between a staff displaying an orange flag on the Race Committee boat and a yellow floating cube with a red flag on a metal staff.

12.3 Any object attached to the Race Committee boat shall rank as an extension of that boat.

12.4 A boat starting later than ten (10) minutes after the starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4.

13. Recalls

13.1 Following a General Recall, when rule 30.3 (Black Flag Rule) is in effect, the Race Committee will display from the committee boat the sail numbers of boats so disqualified. Those boats shall immediately leave the racing area. Boats failing to do so may be subject to a hearing under rule 69.

14. Mark Boats

Mark boats may be stationed beyond each

mark. At the finish, a mark boat may be stationed beyond the finishing line. When on station, each mark boat will display a red and yellow flag. Failure of a mark boat to be on station or to display her signal will not be grounds for redress. This changes rule 62.1(a).

15. Change of the Next Leg of the Course

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

16. The Finish

The finishing line will be between a staff displaying a blue flag on the Race Committee boat and a yellow floating cube with a red flag on a metal staff.

17. Penalty System

17.1 A boat taking a penalty under Rule 44.1 shall file a report on the required form with the Protest Committee before the end of protest time for the day. Failure to do so may result in her protest and disqualification.

17.2 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

17.3 As provided in rule 67, the protest committee may, without a hearing, penalize a boat that has broken rule 42.

18. Time Limit

18.1 If no boat has sailed the course in one hundred and twenty (120) minutes, the race will be abandoned.

18.2 Boats failing to finish within twenty (20) minutes after the first boat sails the course and finishes will be scored DNF. This changes rules 35, A4 and A5.

19. Protests and Appeals

19.1 Protests shall be written on Protest Forms available from the Regatta Office. Protests and requests for redress shall be delivered to the Protest Committee desk located at the Regatta Office within the protest time limit.

19.2 Protest Time is 60 minutes starting after the arrival of the Race Committee at the RMC jetty. The same time limit applies to protests by the Race Committee and Protest Committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2. It will be signalled as in instruction 5.3.

19.3 A notice informing parties and witnesses of the intended order and approximate time of hearings will be posted on the Official Notice Board no later than 15 minutes after the end of Protest Time. This shall satisfy the requirement for notification in rule 61.1(b).

19.4 A list of boats that, under instruction 17.3, have acknowledged breaking rule 42 or have been disqualified by the protest committee will be posted on the Official Notice Board.

19.5 The time limit for filing an Inquiry Form regarding the results in any race will be 30 minutes after the results are posted.

19.6 On the last day of racing, requests to reopen a hearing shall be made within 30 minutes of the posting of the Decision of the Protest Committee. This changes rule 66.

19.7 A boat intending to protest shall:

- Hail "protest" and the boat number to the protested boat, at the first reasonable opportunity, and;
- Inform the Race Committee of the intention to protest at the completion of the race or as soon after the incident as possible.
- This changes rule 61.1a.

19.8 Breaches of instructions, 17.3, 21, and 26, will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

20. Scoring

20.1 One (1) race is required to be completed to constitute a series.

20.2 a. When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.

b. When from 6 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

c. When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

21. Safety

21.1 Boats not starting or not finishing a race shall notify the Race Committee as soon as possible. Failure to do so may result in a hearing being called and a penalty assigned, at the discretion of the Protest Committee.

21.2 Personal Flotation Devices must be worn as indicated in the Water Safety Orders.

22. Rule 42 Enforcement

When the Protest Committee Boat(s) is (are) on the course (SI 26.1), Rule 42 will apply per Appendix P (P1, P2 and P3).

23. Results and Prizes

23.1 Provisional results will be posted as soon as possible after racing. Final Results, so labelled, will be posted after protest hearings are complete, subject to changes resulting from queries under instruction 19.5.

23.2 The winning crew will be awarded the National Sea Cadets Annual Sailing trophy for 2009. Additional prizes may be awarded at the discretion of the Organizing Authority.

24. Change of Crew

Changes of crew will be authorized up to 20 Aug 09. No changes will take effect after that period.

25. Protest Committee Boat(s)

Protest Committee Boat(s), displaying a blue and white flag with the CYA logo, may be present during racing. At such times, Rule 67 is in effect.

26. Coach / Support Boats

26.1 Each regional coach boat, mark boat and support boat shall display a pennant, as assigned by the organizing authority, while on the water. The issued pennant is the only symbol or flag that may be displayed by a regional coach boat from the time of the preparatory signal until all boat have finished or retired or the race committee signals a postponement, general recall, or abandonment.

26.2 Regional coach boats shall stay outside areas where boats are racing (maintaining a minimum distance of 50m from any racing boat, turning mark or from the start or finish line) from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall, or abandonment.

27. Arbitration

28.1 During the protest time, parties involved in an alleged breach of the rules of Part 2 may meet with a designated member of the Protest Committee where each party will be allowed to describe the incident.

28.2 The Protest Committee representative will give a decision verbally which may be accepted by the parties. Alternatively, the parties may file a protest in accordance with SI 19 and a full protest hearing in accordance with Rule 63 will be held.

ANNEX A – THE COURSE

Marks to be rounded to port in the following order:

SHORT COURSE: S-1-2-3-F
REGULAR COURSE: S-1-2-3-1-3-F

